

Cost of Living in Salt Lake City, UT

The following Cost of Living comparisons come from The Council for Community and Economic Research. Comparison is made between the Salt Lake Metro area and the United States. Data reflect prices in 2020 Q1.



Grocery Items
0.7% ↓ U.S.



Housing
4.3% ↑ U.S.



Utilities
10.8% ↓ U.S.



Transportation
13.2% ↑ U.S.



Health Care
0.4% ↑ U.S.



Composite
0.5% ↑ U.S.